

FEEDING THEIR FUTURE – DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast: WG Cheerios, Fruit, Milk Lunch: <i>Penne Pasta</i> Ground Beef, WG Penne Pasta, Peas, Fruit, Milk Snack: Graham Crackers, 1% Milk	2 Breakfast: Biscuits, Fruit, Milk Lunch: <i>Hawaiian Chicken</i> Chicken, Brown Rice Mixed Vegetables, Fruit, Milk Snack: WG Goldfish, 100% Fruit Juice	3 Breakfast: Kix, Fruit, Milk Lunch: <i>Meatball Sub</i> Meatballs, WG Bun, Tater Tots, Cole Slaw, Milk Snack: Chex Mix, 100% Fruit Juice	4 Breakfast: English Muffins, Fruit, Milk Lunch: <i>Taco Bowl</i> Ground Beef, Pinto Beans, Corn, WG Brown Rice, Milk Snack: Pretzels, Cheese	5 Breakfast: French Toast, Fruit, Milk Lunch: <i>Chicken Cesar Salad</i> Chicken, Salad, WG Pita Bread, Carrot Sticks, Milk Snack: Yogurt, Granola
8 Breakfast: WG Cheerios, Fruit, Milk Lunch: <i>BBQ Chicken</i> Chicken, WG Roll, Mashed Potatoes, Corn, Milk Snack: Cheez Its, 100% Fruit Juice	9 Breakfast: Bagel, Fruit, Milk Lunch: <i>Taco</i> Ground Beef, Refried Beans, WG Corn Tortilla, Fruit, Milk Snack: Club Crackers, Cheese	10 Breakfast: Rice Krispies, Fruit, Milk Lunch: <i>Burger</i> Slider, WG Bun, Fruit, Tater Tots, Milk Snack: Yogurt, Fruit	11 Breakfast: WG Life, Fruit, Milk Lunch: <i>Teriyaki Chicken</i> Chicken, WG Brown Rice, Mixed Vegetables, Salad, Milk Snack: Animal Crackers, 1% Milk	12 Breakfast: Waffles, Fruit, Milk Lunch: <i>Turkey Sandwich</i> Sliced Turkey, WG Sliced Bread, Fruit, Cucumber, Milk Snack: Ritz Crackers, Cheese
15 Breakfast: WG Cheerios, Fruit, Milk Lunch: <i>Baked Chicken</i> Chicken, WG Pasta, Mixed Vegetables, Salad, Milk Snack: Graham Crackers, 1% Milk	16 Breakfast: Pancakes, Fruit, Milk Lunch: <i>Spaghetti & Meatballs</i> Meatballs, WG Pasta, Mixed Vegetables, Fruit, Milk Snack: Cheez its, 100% Fruit Juice	17 Breakfast: WG Life, Fruit, Milk Lunch: <i>Chili</i> Ground Beef, Kidney Beans, Corn, WG Brown Rice, Milk Snack: WG Goldfish, 100% Fruit Juice	18 Breakfast: WG Corn Flakes, Fruit, Milk Lunch: <i>Chicken Alfredo</i> Chicken, WG Pasta, Broccoli, Fruit, Milk Snack: WG Animal Crackers, 1% Milk	19 Breakfast: French Toast, Fruit, Milk Lunch: <i>Chicken Salad</i> Chicken, Carrot Sticks, WG Pita Bread, Fruit, Milk Snack: Club Crackers, Cheese
22 Breakfast: Biscuits, Fruit, Milk Lunch: <i>Sloppy Joes</i> Ground Beef, WG Bun, Tater Tots, Fruit, Milk Snack: Wheat Thins, Cheese	23 Breakfast: WG Life Cereal, Fruit, Milk Lunch: <i>Chicken Taco</i> Chicken, WG Corn Tortilla, Fruit, Refried Beans, Milk Snack: Cheez Its, 100% Fruit Juice	24 Breakfast: Rice Krispies, Fruit, Milk Lunch: <i>Chicken Patty Sandwich</i> Breaded Chicken Patty, WG Bun, Carrot Sticks, Fruit, Milk Snack: Graham Crackers, 1% Milk	25 	
29 Breakfast: Waffles, Fruit, Milk Lunch: <i>BBQ Meatballs</i> Meatballs, Mashed Potatoes, WG Dinner Roll, Corn, Milk Snack: Pretzels, Cheese	30 Breakfast: Yogurt, Fruit, Milk Lunch: <i>Spaghetti</i> Ground Beef, WG Spaghetti, Green Beans, Fruit, Milk Snack: Goldfish, 100% Fruit Juice	31 Breakfast: WG English Muffins, Fruit, Milk Lunch: <i>M.Y.O. Bean & Cheese Burrito</i> Refried Beans, Tortilla, Cucumber, Fruit, Milk Snack: Chex Mix, Fruit	This institution is an equal opportunity provider. * Menu Subject to Change All Meals Provided by Feeding Their Future 	

This menu follows the children's meal pattern minimum serving requirements set forth by the Child and Adult Food Program (CACFP) by serving the following portions:

Breakfast (Ages 1-2): grain - ½ serving bread or muffin or ½ oz eq dry cereal or ¼ cup hot cereal; fruit or vegetable- 1/4 cup; milk – ½ cup
1% plain milk (whole milk for children age 1)

(Ages 3-5): grain - ½ serving bread or muffin or ½ oz eq dry cereal or ¼ cup hot cereal; fruit or vegetable- ½ cup; milk – ¾ cup
1% plain milk

Lunch: (Ages 1-2) meat/meat alternate - 1 oz; grain - ½ serving bread or ¼ cup cooked grain; vegetable - 1/8 cup; fruit or vegetable - 1/8 cup; milk- 1/2 cup
1% plain milk (whole milk for children age 1)

(Ages 3-5) meat/meat alternate - 1½oz; grain - ½ serving bread or ¼ cup cooked grain; vegetable - ¼ cup; fruit or vegetable - ¼ cup; milk- ¾ cup
1% plain milk

Snack (two of the following): (Ages 1-2 and 3-5) meat/meat alternate – ½ oz, yogurt 2 oz; grain - ½ serving bread or ¼ cup cooked grain; fruit or vegetable- ½ cup; milk- ½ cup
1% plain milk (whole milk for children age 1)

*(WG) = Whole Grain